



Open Daily

11:00 a.m. to Close

Full Bar • Live Entertainment

Doc Ford's Souvenirs

Waterfront Dining

708 Fisherman's Wharf

Fort Myers Beach, Florida 33931

239.765.9660

Meet the author  
Randy Wayne White



[www.docfords.com](http://www.docfords.com)

## SOUPS

- CONCH CHOWDER      cup \$3.95 bowl \$5.95  
fresh conch, tomatoes, fresh herbs in a spicy, chunky tomato broth
- FORD'S FAMOUS CLAM CHOWDER      cup \$3.95 bowl \$5.95  
a rich, creamy chowder chock full of sea clams,  
sweet onions, carrots and diced potatoes
- SOUP OF THE DAY      cup \$3.95 bowl \$5.95

## SANDWICHES

*Served with your choice of fries, house slaw or black beans and rice  
Substitute a Mixed Green Salad for \$1.95 extra. Substitute Sweet Potato Fries for \$1.95 extra*

**DOC FORD'S ORIGINAL LIME PANKO CRUSTED FISH SANDWICH** -  
seared, baked and served on a whole wheat bun, topped with house slaw and  
spicy remoulade. *Voted Best Fish Sandwich!*      \$9.95

**PANAMANIAC'S PULLED PORK** - slow roasted barbecued pork in real Texas  
BBQ sauce, secret spices from the Panamanians, topped with house slaw,  
served on whole wheat bun      \$9.95

**THE CUBAN** - traditional style with ham, slow roasted pork, swiss cheese, and  
pickles on a crispy Cuban roll      \$9.95

**PARMESAN CRUSTED CHICKEN** - Parmesan & breadcrumb encrusted  
chicken breast, lightly fried, then drizzled with a lemon garlic aioli. Served  
with balsamic grilled tomatoes and onions      \$9.95

**GRILLED CHICKEN SANDWICH** - Chicken breast prepared Buffalo style,  
blackened or grilled, served on a whole wheat bun with lettuce, tomato, onion  
and pickle      \$9.95

**VEGGIE BURGER** - The Island's best! Topped with lettuce, tomato, onions on  
a whole wheat bun. add cheese 50¢ extra      \$7.95

**HAMBURGER** - Prime hand pattied ground beef grilled to your desire, with  
lettuce, tomato, onion on a whole wheat bun  
add cheese or bacon, extra 50¢ each      \$9.95

**SANIBEL CHEESE STEAK** - shaved beef, caramelized onions, peppers and  
mushrooms smothered in Swiss cheese, and folded into a baguette      \$9.95

**GROUPEL SANDWICH** - fresh grouper grilled, blackened, or fried. Served  
with our house tartar sauce on a whole wheat bun      \$13.95

**NEW** **YUCATAN SHRIMP TACO** - Steamed succulent shrimp, lettuce and  
tomatoes tossed in our one-of-a-kind Yucatan sauce made from fresh  
cilantro, butter, fresh lime juice and Columbian chilis, served in a warm  
flour tortilla      \$14.95

**NEW** **ISLAND CHICKEN CHEESE STEAK** - Tender, marinated and grilled chicken  
seasoned perfectly, with grilled onions, red and poblano peppers, mushrooms  
and melted pepper jack cheese, served in a toasted baguette. A Beach  
favorite!      \$9.95

**CAMPECHE FISH TACOS** - freshly grilled white fish with shredded  
cabbage and a papaya pico de gallo, in a flour tortilla. Served with Cuban  
black beans and rice      \$13.95

*Stop by Doc Ford's Store!*

# Welcome to



Before I started writing novels, back when I was a full-time fishing guide on Sanibel, I lived, for a few years, about 200 yards from where you're sitting - in a stilt house next to the shrimp docks. This part of Fort Myers Beach was affordable, and I loved the salty, tropic-lazed lifestyle.

It's true. Look across the water. See the rows of commercial fishing boats? The house was right there, although it wasn't much of a house. In a big wind, the old place swayed on its pilings like a sailboat jibing. Ceiling fans provided air conditioning and, the only source of heat on cold winter nights, was the fireplace where, necessarily, I burned driftwood and sea wrack that smelled of creosote - a common odor around shrimp docks. The shower system was basic: water came out cold and it drained through cracks in the floor.

Whatever diplomatic skills I possess were honed while living here. Shrimpers are a tough, weather-hardened group, working at night because that's when pink shrimp are active. It wasn't unusual for the boats to return at 4 a.m., music blaring to the rhythm of fresh beers being popped. I would wander down to the docks, acting as if I had nothing better to do, and strike up an amiable conversation that, on a good night, ended with me saying, "Oh, by the way, you mind turning that music down a notch or two? I gotta get some sleep." Usually they consented. When they didn't...well, I'd put in some extra writing-time, learning my craft. If someone had predicted then that I would be associated with a restaurant as fine as this one, I would have suggested that they reshuffle their tarot cards.

I love the symmetry of that. As a member of this team of restaurateurs and staff, I now have the opportunity to spend more time in an area I love.

So welcome to Doc Ford's on the bay, Fort Myers Beach. Just as my novels are inspired by these islands, my days on the water, and the people I came to know, the spirit of this fine sports bar was inspired by the marine biologist who is the main character of those novels.

Doc Ford is the baseball-loving, tropical adventurer who - not so surprisingly - has spent a lot of time in the same far flung places that I wrote about when I was a monthly columnist for *Outside Magazine*: Places such as Cuba, Cambodia, South Africa, Australia, Vietnam, Borneo, and all over South and Central America. It was while traveling for *Outside* that I came to know and love the superb cuisine of the rural tropics.

I loved the sauces, the spices, and the passion that went into the food preparation.

We hope that spirit is part of Doc Ford's Sanibel Rum Bar and Grille, too.

— Randy Wayne White

## APPETIZERS

- DOC'S BEACH BREAD** - baked French bread topped with three cheeses, diced tomatoes, and just the right spices. A Doc Ford's Original! \$7.95
- CARIBBEAN JERK TOSTADOS** - corn tortillas topped with jerk chicken, Cuban black beans, melted Monterey Jack cheese, cabbage, tomato, and cilantro salad \$7.95
- BUFFALO SHRIMP** - crispy breaded shrimp with a spicy twist, with choice of mild, medium or hot, sauce. Also available as Sweet Chili or Teriyaki \$9.95
- CHICKEN TENDERS** - lightly fried, served with Buttermilk Ranch and Honey Mustard Dressing (also available Buffalo Style) \$7.95
- MUSSELS** - steamed in a broth of roasted garlic, shallots, Roma tomatoes, fresh basil, white zinfandel and a hint of cream and butter \$10.95
- TOMLINSON'S TAQUITOS** - fresh chicken with mild poblanos, red peppers, red onions, our Homemade BBQ sauce, wrapped in a corn tortilla, lightly fried, served with a Dynamite Lime Cilantro Roasted Pepper Pesto \$7.95
- DOC FORD'S FAMOUS FISH FINGERS** - fried golden brown, served with Doc's Tartar sauce \$8.95
- HEAT ISLAND CHICKEN WINGS** - special wing sauce made from Green Flash hot sauce from Cartagena. Mild, Medium, Hot, Sweet Chili or Teriyaki served with celery, blue cheese dressing \$8.95
- SEARED TUNA APPETIZER** - served rare atop chilled rice noodles that have been tossed with crisp Asian veggies, fresh herbs and a Thai peanut vinaigrette. We top it off with sweet soy drizzle and wasabi coulis \$10.95
- CARTAGENA SHRIMP SAUSAGE QUESADILLAS** - house made shrimp sausage with bacon, Amazon chilies, Monterey jack cheese, pan fried, served with Mango Tomatillo Chutney \$8.95
- BAYAMO BLACK BEAN DIP** - Cuban black beans blended with fresh seasonings, jalapeño, tomatoes, melted Jack and Cheddar cheese, served with Red, White & Blue tortilla chips \$8.95
- CAPTIVA CRAB CAKES** - pan-fried beach-style, served with \*jicama cole slaw and finished with a superb Key lime butter sauce. (\*hi-ca-ma - the "water chestnut" of South America). \$11.95
- FRIED CALAMARI** - lightly breaded tender calamari served with our tangy cocktail sauce \$9.95

## FLATBREADS

- SPINACH and ARTICHOKE** - Crispy Flatbread baked with homemade Roma Tomato Sauce, roasted Garlic Olive Oil, topped with Spinach, Artichoke and Mozzarella Cheese \$8.95
- MARGARITA** - Fresh Buffalo Mozzarella, local Vine Ripe Tomatoes, Roasted Garlic, Fresh Basil, aged Balsamic and Extra Virgin Olive Oil \$8.95
- SHRIMP SCAMPI** - with homemade Roma Tomato Sauce, Roasted Garlic, Shrimp, Tomato, Mozzarella Cheese and Basil \$8.95

***Check for Daily Chef's Special Flatbreads!***

*Consuming raw or undercooked meat, seafood, shellfish, poultry or eggs may increase your risk of food borne illness. We use only non-transfat cooking oil.*

18% Gratuity may be added to your check for parties of 6 or more

# DINKIN'S BAY RAW BAR

**RAW OYSTERS** - Fresh chilled Oysters, shucked to order and served on the half shell with fresh lemon and cocktail sauce 1/2 doz. \$6.95 Full doz. \$12.95

**STEAMED OYSTERS** - Steamed with white wine, garlic and butter  
1/2 doz. \$6.95 Full doz. \$12.95

**CEVICHE COCKTAIL** - Freshly marinated Grouper and Snapper, Bay Scallops, and shrimp tossed with fresh lime juice, cilantro, jalapeños and tomatoes \$8.95

**PEEL-and-EAT SHRIMP** - You'll love these Gulf shrimp, steamed then served with cocktail sauce seasoned with fresh lime and wild Amazon spices  
1/4 lb \$7.95 1/2 lb \$13.95 Full Pound \$19.95

## **SHAKE & SHUCK SHRIMP**

*Chef Greg has created a gourmet "Shake Dressing". It's a specially blended dressing, just for shrimp and shell fish. Shrimp are steamed lightly with a touch of sea salt. These recipes were perfected over beach fires on Cayo Costa and North Captiva.*

1/4 lb **\$8.95** 1/2 lb **\$14.95** Full Pound **\$24.95**

**YUCATAN SHRIMP** - Tomlinson traveled to the Bay of Ascension, Quintana Roo, Mexico to fish for bonefish and came back with this great recipe. Steamed shrimp in a dressing of real butter, mild Colombian chilies, fresh cilantro and key lime juice.

**DINKIN'S BAY BOIL** - Steamed Shrimp dressed in real butter, Old Bay spices and juice from fresh key limes.

## SALADS

*Fish or Shrimp add \$5.00 Chicken add \$3.00 Grouper add \$10.95 Salmon add \$8.00*

**TROPICAL SALAD** - We combined fresh baby greens, grape tomatoes, fresh mozzarella, mandarin oranges, sundried cherries, spiced pecans, homemade crispy onions tossed in our very own secret balsamic vinaigrette dressing \$10.95

**MOZZARELLA de MARINELLO SALAD** - heirloom ugly tomatoes, fresh buffalo mozzarella, baby arugula tossed in a lemon vinaigrette then topped with aged balsamic, fresh basil and parmesan cheese \$10.95

**CHICKEN TACO SALAD** - crisp romaine lettuce, Cuban black beans, cheddar and Monterey cheese, topped with grilled chicken and spicy salsa, with toasted tortilla chips \$10.95

**SANIBEL SPINACH SALAD** - bleu cheese crumbles, spiced pecans, granny smith apples, caramelized onion-smoked bacon dressing \$9.95

**CREATIVE LICENSE CAESAR SALAD** - roasted corn, bell peppers, spicy croutons and shaved parmesan mixed with a bed of romaine hearts \$9.95

**CALAMARI SALAD** - lightly battered calamari tossed with mixed Everglades greens, cucumbers, tomatoes, a sweet and sour vinaigrette dressing, topped with crispy wontons \$10.95

**THE OLD SCHOOL ICEBERG SALAD** - one huge hunk of local farm lettuce, red onions, carrot threads, chopped bacon and diced tomatoes with Doc's Buttermilk Bleu Cheese dressing \$6.95

**MIXED GREEN SALAD** - hometown mixed lettuces, grape tomatoes, carrots, choice of dressing \$5.95

# ENTRÉES

**CAMPECHE FISH TACOS** - freshly grilled white fish with shredded cabbage, papaya pico de gallo, in a flour tortilla, served with Cuban black beans and rice \$13.95

**DEEP WATER MAHI-MAHI** - hand-cut mahi-mahi seared in sweet soy sauce, placed on a jasmine rice stir fry with a prickly pear ginger vinaigrette \* *One of our Signature Dishes* \$22.95

**BANANA LEAF SNAPPER** - snapper wrapped in a banana leaf lined with Masa Harina, Ancho Chili Purée and Pine Island lime juice. Steamed, paired with fresh vegetables, black beans and rice, with a Dynamite Lime Cilantro Roasted Pepper pesto \$21.95

**CEDAR PLANK SALMON** - freshly cut salmon filet topped with a mango chipotle glaze, served with au gratin potatoes, wilted spinach and caramelized mushrooms \$22.95

**QUINOA SALAD** - Chef combines fresh jumbo grilled shrimp with Quinoa (*Keen-Wah*, a grain cultivated in Peru and Chile) and garden fresh vegetables, marinated in white balsamic passion fruit vinaigrette and served atop a bed of mixed greens with a mango avocado salsa \$19.95

**ACHIOTE GRILLED GROUPER** - fresh grilled grouper seasoned with a blend of South American spices, served with saffron rice mixed with broccoli and mushrooms, topped with pineapple salsa \$24.95

**PENNE WITH ROCK SHRIMP** - sautéed rock shrimp, penne pasta, Roma tomatoes, fresh basil, garlic and avocados tossed with a citrus cream sauce and shredded Parmesan Cheese \$19.95

**BAHAMIAN-STYLE SHRIMP ROAST** - a skewer of grilled jumbo shrimp accompanied by skewers of pineapple chunks, red sweet peppers, zucchini squash and red onions, all basted with pineapple-mustard and curry sauce, served with brown rice \$21.95

**NEW** **MARTINIQUE-JERKED PORK CHOP** - Caribbean spiced pork served over caramelized plantains, steamed snow peas, finished with Chef Greg's Cuban citrus mojo sauce, then topped with grilled pineapple and wilted cabbage slaw. \* *One of our Signature Dishes* \$19.95

**ISLAND STYLE SHRIMP & GRITS** - fresh Gulf shrimp dusted with masa (Mexican tamale flour), pan seared and served with jalapeño cheese grits, julienne veggies, and Chef Greg's incredible tomatillo green sauce (lime juice, dash of white wine and fresh cilantro) \$21.95

**NEW** **SEAFOOD PAELLA** - jumbo scallops, shrimp, mussels and tender fish medallions with chorizo sausage, saffron rice, caramelized onions and tomatoes \$23.95

**DRY RUBBED RIB EYE** - with roasted garlic and Parmesan smashed potatoes, caramelized mushrooms, asparagus and a roasted blue cheese tomato, surrounded by a shallot cabernet sauce \$24.95

**PANKO FRIED SHRIMP** - jumbo shrimp crispy fried with french fries and house cole slaw \$19.95

**TEXAS BABYBACK RIBS** - a full rack of Danish baby back ribs basted with our One-of-a-Kind BBQ sauce, served with smashed potatoes or french fries and our house slaw \$18.95

**Ask About Our Chef's Daily Dinner Features!**  
**Executive Chef Greg Nelson**